



Calliope State School

18th October 2017

Calliope Kids
are:

Safe

Respectful

Responsible



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What's happening in ...

News from 6C

With Term 3 done and dusted and Term 4 is well under way and wet weather about, our class has continued to push on with loads of learning.

Over the end of last term and the beginnings of this term, we have had many opportunities to share our knowledge and understandings with a younger audience.

We have shared our love and skills with our art Gallery showing off our talents. Mrs Betts and 1A came up to share in our Natural Disasters presentation. This was not only lots of fun, but a fantastic time for our class to learn how to manipulate language so that a target audience can understand it. This skill is paramount for our English unit this term with analysing text and really understanding the power of language choices to persuade an audience.



Students are delving into the exploration and investigations surrounding Biology. We will undertake an investigation to manipulate environments and climates to control the growth of mould. We have already begun the classification and understanding of adaptations and how just by looking at a plant, one can observe and make a thorough guess to which climate it is best suited.

For grade 6, term 4 sees a very busy term with a swimming carnival, graduation, Community Christmas Carols and High School transition days. Everyone involved is looking forward to a fantastic end of the year.



Principal's Piece

Year 5 Solar Systems

The Year 5 students have been busy finalising their solar system models as part of their Science Studies. Below are some of the great examples they created.



McHappy Day Performances

Last Saturday, students from our performance bands performed at the McHappy Day celebrations at Tannum Sands State High School. Thank you to our musical staff for preparing our students for this event and well done to the performing students!



Talk, Walk and Squawk

At Friday's parade I reminded students of our **Talk, Walk** and **Squawk** process. It is important that all students at our school feel safe and included not only at school but in the wider community. To support this, if a student feels uncomfortable or unhappy about a situation then need to:

- 1- **Talk:** Tell the person using a clear 'I message' that they don't like what is happening and include raising their hand in a stop manner.
- 2- **Walk:** Walk away from the situation without retaliation.
- 3- **Squawk:** Notify a staff member if they feel it is necessary for assistance with resolving the issue.

Daily Reading

All students are encouraged to read daily as part of their school and home routines. Daily reading helps to expose students to a variety of different concepts which help their academic development including, vocabulary, creative and imaginative ideas, spelling and general writing abilities. It doesn't matter so much as what students read (print, digital, online) but what they are able to take from it. Can they tell you what the text was about? Who were the main characters? What would happen if...? The poster below is a great illustration of the difference that 20 minutes of reading can make to your child's schooling. *Have you done your daily reading?*



Building Opening

Unfortunately, due to circumstances beyond our control the opening of the new GLA and Administration Building has been postponed. When we have a revised date, we will advise.

**Principal,
Mark Wright**

!!DATES TO REMEMBER!!

20th of October – Grandparents Day

23rd of October – Prep Open Morning

25th of October – Coping Café

26th of October – Prep Open Morning

UNEXPLAINED ABSENCES

Procedure For Student Absences

If your student is away for any reason there are several ways of notifying the school.

Send a note with your child

Phone on 07 4975 8366

Email-

absences@calliopess.eq.edu.au

We appreciate and thank-you for your cooperation.

CONTACT DETAILS

We would like to remind all parents if you have moved or changed your contact details to please update your information by calling the office on 4975 8333 or emailing admin@calliopess.eq.edu.au We appreciate and thank you for your cooperation.

NEWSLETTER DISTRIBUTION

The newsletter is published every Tuesday and is sent via email. If you have not given the school office your email please do so by calling the office or emailing admin@calliopess.eq.edu.au. If you would prefer a paper copy please inform the Office.

Stars of the Week

Prep A	Deshawn	Prep B	Leila
Prep C	Mitchell	Prep D	Braxtyn
1A	Nevaeh-Arna	1B	Kaeli
1C	Indiah	1D	Rayne
2A	Mia	2B	Logan
2C	Amalia	2D	Sydney
2E	Alissa	3A	Hunter
3B	Ella	3C	Lincoln
3D	Ryder	4A	Nate
4B	Bradley	4C	
5A	Alec	5B	Logan
5C	Jai	6A	
6B		6C	Kahlee
Music	Connor	PE	

Word of the Week

Week	Word	Syllables Each syllable part has a Vowel phoneme	Phonemes	Blends? Two or more consonant Phonemes in the one syllable group.
3	consistent	con/sis/tent	c.o.n.s.i.s.t.e.n.t	nt

Dental Van

The School Dental Service is now offering services to students at Calliope State School. To arrange an appointment parents /guardians will need to collect a form from the office, complete and return it. For further information on this service, please visit our website: <http://www.health.qld.gov.au/oralhealth/services/school.asp>

Home Work Club

Please join us next Monday for an afternoon tea for our first session to meet the teachers running the program and for any questions you may have to be answered.

When: Monday 23rd October (week 4) - 3:15pm – 4:00pm

Where: Student Support Room

Choir

Congratulations to the P-2 Choir for placing 3rd in their section and to the senior choir for being highly commended in the Gladstone Eisteddfod last week. The school community is very proud of your great achievement and look forward to hearing your beautiful singing in the future.

PRAYER TIME WITH CHAPPY

When: Every Wednesday

Time: 8:00– 8:30am

Where: Chappy Sonia's office



OFFICE HOURS ARE 8AM-4PM

EFTPOS is AVAILABLE in the office.

PINK SALT

Only one week left for you to put you or your daughter's Pink Salt Camp forms in. Pink Salt will be on from the 27th-29th October at Tanyalla Conference Centre. It costs \$70 and is for girls in grades 6-10. Pink Salt for the Mums is on the 28th October from 2-4pm. If you have any questions or would like to know more please email pinksaltteencamp@gmail.com or see Chappy Sonia.

(See attached flyer for more details)

Chappy's Corner

"For every minute you remain angry, you give up sixty seconds of peace of mind."

-Ralph Waldo Emerson

Coping Café

WHEN: Wednesday 9:15am 25 Oct 2017

WHO: Bettina from Gladstone Regional Libraries will share the importance of Children aged 0-5 developing healthy sensory systems for learning.

Grandparent's Day

Please come and join us on Friday the 20th of October for Calliope State School annual Grandparents Day. Please RSVP to admin@calliopess.eq.edu.au by Wednesday 18th October.

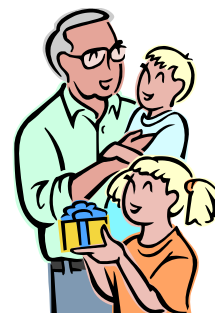
When: Friday 20th October, 2017

Where: Calliope State School

Time: 9am—11am

Agenda:

- Morning tea will be served at 9:30am
- Choir performance at 9:45am
- Classroom visits from 10:00 am



Prep Open Mornings

Our Prep Open Mornings will be on during week 4. Parents and children starting Prep at Calliope in 2018 are welcome to attend either morning. Rooms will be open for families to visit. There will also be a school tour available for any families new to the school.

Days are:

Monday 23rd October from 9.15 – 10.00am OR

Thursday 26th October from 9.15 – 10.00am

Children are to be accompanied by an adult for their visit.



SWPBS News

This week the students are learning about ways they can show that they are listening to adults or peers. Students will brainstorm strategies that can help a good listener.

- A**ttention to the speaker
- C**hairs straight and still
- T**eacher talking
- I** look to the front
- V**oice has stopped
- E**ars are open



Managing life’s ups and downs

Children need to develop resilience and healthy coping skills to deal with life’s ups and downs. Life’s downs may include emotionally painful experiences such as feeling loss, rejection, disappointment or humiliation. It takes time and a lot of practise to develop any skill and learning coping skills to manage life’s ups and downs is no exception. Below are some useful coping skills for managing life’s ups and downs. Young toddlers may not yet be developmentally able to learn many of these skills, so parents and carers can also model these over time.

Coping skills

Coping thoughts	Coping emotions	Coping behaviours
<ul style="list-style-type: none"> • Learning from setbacks • Thinking positively • Problem solving • Making the best of what you have • Knowing that upsetting feelings are temporary • Planning for success and having realistic goals 	<ul style="list-style-type: none"> • Feeling in control of your responses and feelings • Understanding how negative experiences make you feel • Feeling confident to ask for help • Feeling good about yourself 	<ul style="list-style-type: none"> • Having strategies to help you feel better • Having the ability to keep trying and not give up • Being willing to try new things • Accepting what you cannot change • Doing things for pleasure and enjoyment

Resilience and coping skills

While children can be negatively affected by events in their lives, they can also grow up with the ability to cope with life’s demands, such as having a job and building relationships. This ability is called resilience and all children can benefit from this.

Resilience skills that children develop can be organised into the following three categories.

I am

This is about children believing in themselves and knowing that they are loveable and likeable people. Children can learn to feel good about themselves when parents and carers:

- tell them they love them and show their love (eg hugging them)
- wanting to be with them (eg having fun and playing with them every day)
- listen to them and talk to them
- develop trust with their child by not letting them down
- help them learn to manage their feelings
- help them learn how to relate well to others
- Don’t criticize them or put them down, but notice the good things about them and give them appreciation, encouragement and praise.



I have

This is about children knowing they belong somewhere, have a place in the world and have people around to support them. Children learn to feel they belong when they have:

- a family that welcomes and claims them (eg by celebrating their birthdays, celebrating their first day at the early childhood service, giving them some say in what happens)
- grandparents and/or other relatives who love them, care for them and want to be with them
- early childhood staff who care about them, look forward to greeting them each day, and look out for them a home they know they can go to sleep in every night, warm clothes, enough to eat and a place to play
- health care and education
- adults who respect and show care for each other
- predictability at home (eg knowing when meals are, who will be there, how parents and others will react to what they do)
- a group of friends to belong to
- confidence and faith in morality and goodness, which might be expressed by belonging to a church or religious group

Welcoming Intercultural Neighbours in partnership with GAPDL Communities for Children invite you to register for the upcoming:

1-2-3 Magic Parenting Program

123 Magic & Emotion Coaching teaches parents/carers techniques to manage difficult parenting situations and how to sort different types of behaviour. Participants will learn the 1-2-3 Magic technique and also receive a workbook to apply the concepts learnt to their family along with a Certificate of Completion.



When: Monday 6 November, Monday 13 November and Monday 20 November 2017

Where: Gladstone Neighbourhood Centre, 105 Toolooa Street, Gladstone

Time: 10:30am-12:30pm

Cost: FREE

To Register: Call 0423 177 411 or email contact@win-australia.org.au

Parents will receive:

- A workbook to apply the concepts learnt to their family
- A Certificate of Completion

Child minding is available FREE on request

The course is run by experienced facilitators and sponsored by GAPDL Communities for Children in partnership with Welcoming Intercultural Neighbours Inc.

Parents will learn:

- Techniques to increase children's ability to self regulate
- Techniques to manage difficult parenting situations
- Contemporary thinking in child development
- Strategies to helping parents and carers to sort different types of behaviour
- The 1-2-3 Magic technique
- Cognitive strategies that parents and carers can teach their children
- Encouraging positive behaviour
- Relationship-building

Programs provided by GAPDL Communities for Children Facilitating Partners are provided free of charge. This is possible because of funding from the Australian Government Department of Social Services. Program numbers are limited and preference will be given to families who are at risk of disadvantage or who are disconnected from childhood services.

For more information or to register, call 0423 177 411 or email contact@win-australia.org.au

When: Monday 6th November
Monday 13th November
Monday 20th November

Time: 10:30am - 12:30pm

Where: Gladstone Neighbourhood Centre
105 Toolooa Street
Gladstone

Cost: FREE

Child minding is available for FREE on request. Please let us know if you require child minding when registering.

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