



Calliope State School

15th November 2017

Calliope Kids
are:

Safe

Respectful

Responsible



What's happening in ...

News from 2A

This week in 2A we have been beginning to write the first draft for the alternative ending to the narrative "The Magic Paintbrush", by Julia Donaldson. Students have been imagining different things Shen could paint with her magic paintbrush to stop the Emperor.

Students have been learning about the different properties of 2D and 3D shapes. 2A are beginning to create paper models of different 3D shapes to use to identify the edges, faces and vertices.

In H.A.S.S this term we have been looking at our connections to different places and people. We have had many great discussions on how we are connected to places and what connects us to those places in the world.

The grass heads that we have been growing in science have now gone home; we have identified how the nutrients in the soil of the students grass heads have helped them grow. 2A have identified that Miss Jones' grass head unfortunately has died because the sandy soil did not have enough nutrients for the grass to grow. We are now moving on to how water is used and how we can conserve water. The prep to year two students at Calliope State School have enjoyed learning about water conservation through a performance with water superheros and villains.



Principal's Piece

Year 5 & 6 Police Visit

Last week, it was great to welcome Sergeant Glen into our Year 5 and 6 classrooms to discuss with students a number of important messages about:

- Cyber Safety
- Bullying
- Physical and Verbal Misconduct
- Making positive choices

It is hoped that students reflect on the messages delivered by Glen and supported in our PBL teachings, not only as we see out the final weeks of term but also into their lives.



First Lego Adventures

Congratulations to our 10 extraordinary students who participated in the *First Lego League* competition on Saturday. The students supported by our staff, Mr Pryce, Miss Randall and Mrs Mastro Monaco have been training for months and have learnt lots about not only robotics, but the importance of water. Well done to all involved.



Calliope's Got Talent

If you haven't heard already, our school is full of over 600 talented students and staff, but there are approximately 100 students who are taking that to the next level, participating in our Term 4 *Calliope's Got Talent* lunch performances, supported by Mrs Boland. Students are performing in a range of fields including, dance, drama, singing and other talent areas. The focus isn't to have an overall winner, but rather recognise the wonderful talents our students have!

Calliope Students' Remember

On Saturday 11 November, the Calliope community gathered to commemorate 99 years since the Armistice was called and acknowledge those who have died, or suffered during wars. I want to acknowledge our student leaders who partook in the service and also the students and families who attended.



Every Day Counts

With the end of the term approaching it is so important that your children are at school every day unless they are sick or there is some other significant reason! If your child is absent from school, it is their responsibility to catch up on any work they have missed. We want to see our students engaged in their learning and smash our attendance target of 94% but, to do that, we need everyone here!



**Principal,
Mark Wright**

!!DATES TO REMEMBER!!

14th Nov – P&C Meeting

16th Nov – Free Dress Day

17th Nov – Math Master Class

27th & 28th Nov – GSHS Transition

27th & 28th Nov – Toolooa Transition

4th Dec – Year 6 Graduation

UNEXPLAINED ABSENCES

Procedure For Student Absences

If your student is away for any reason there are several ways of notifying the school.

Send a note with your child

Phone on 07 4975 8366

Email-

absences@calliopess.eq.edu.au

We appreciate and thank-you for your cooperation.

CONTACT DETAILS

We would like to remind all parents if you have moved or changed your contact details to please update your information by calling the office on 4975 8333 or emailing admin@calliopess.eq.edu.au We appreciate and thank you for your cooperation.

NEWSLETTER DISTRIBUTION

The newsletter is published every Tuesday and is sent via email. If you have not given the school office your email please do so by calling the office or emailing admin@calliopess.eq.edu.au. If you would prefer a paper copy please inform the Office.

Commonwealth School Banking

The 29th of November will be last week of school banking. If your student has 10 tokens or more, please place your order for rewards by the 22nd of November. Prizes can take 2 weeks to arrive at school.



Stars of the Week



Prep A	Claire	Prep B	Xavier
Prep C	Tyler	Prep D	Lleyton
1A	Chelsey	1B	Ronan
1C	Halle	1D	Annalea
2A	Haasni	2B	Chelsea
2C		2D	Mathew
2E		3A	Luca
3B	Shae	3C	Teila
3D	Mitchell	4A	Matty
4B	Travis	4C	
5A	Aylish	5B	Urijah
5C		6A	William
6B	Mia	6C	Carissa
Music	Gabby	PE	Uzuri

Word of the Week

Week	Word	Syllables Each syllable part has a Vowel phoneme	Phonemes
7	admire	ad/mire	a.d.m.i.re

Maths Masterclass for Parents

After Parade, Friday 17th November. Meet outside the school office.

Want to help your children with maths homework and not sure of the mathematical language used in the classroom? Or, want to know how to teach addition and subtraction because it's changed a bit since you were at school? Then this is for you! Join Camille, our Support Teacher for Literacy and Numeracy for a cuppa and a crash course in maths.

PRAYER TIME WITH CHAPPY

When: Every Wednesday

Time: 8:00– 8:30am

Where: Chappy Sonia's office



OFFICE HOURS ARE 8AM-4PM

EFTPOS is AVAILABLE in the office.

Calliope Pool Number

07 4975 6606

0497 815 393

Dental Van

The dental van will be leaving Calliope on the Monday the 20th of November. They will not be accepting any more forms.

Chappy's Corner Christmas tip 2:

When it comes to Christmas, we tend to think "Busy." We have work Christmas Parties, Sporting club break-ups, Family/Friend Christmas parties and farewell parties. These events take up time, if we are hosting, it can leave a cluttered and stressful space in our head. Planning ahead of time can help us reduce that stress.

The great thing about technology these days is that calendars or apps can sync to other family members phone calendars. You will be able to invite them to an event you created and have all the details listed. Apps such as "Cozi Family Organizer" is a great way to keep track of everyone's schedule. I personally use the iPhone calendar regularly to keep track of my family's social events, work events, bills and reminder's. This has been a huge blessing, as soon as I find out about the event or receive the bill. I can put it straight on the calendar and my phone will email my Husband to inform him of the event. Because let's face it, I will forgot to tell him at 7pm that night.

If you are hosting an event, we tend to go on a rampage to making sure everything is neat and tidy. Starting the tidying process weeks in advance will help us stress-less and enjoy being a host. Start with 10 minutes a day tidying a certain area in your house, throw away junk and de-clutter the things you don't want to the Salvo's. 10 minutes a day can make a huge difference in a month and you will be able sit back and relax before your guests arrive.

Free Dress Day

This Thursday is a Free Dress day organised by RotaKids. The theme is patterns – spots, stripes, check ect. It is a gold coin donation to wear Free Dress. Money raised is going towards the purchase of reading materials. Free Dress must be sun safe (sleeves) and closed in shoes must be worn for outside play.

Year 6 Graduation

Our Year 6 Graduation will be held on Monday the 4th of December from 5pm in the Hall. It is an exciting time for our graduation class whose achievements will be celebrated.

Everybody's life has ups and downs

Adults sometimes look back on their childhood as a time when they were always happy, but life's ups and downs are a part of childhood too. Children need to build resilience skills to be able to both enjoy good times and deal with hard times. Helping children learn how to manage life's ups and downs and build their coping skills supports their mental health and wellbeing now and into the future. Feeling good protects mental health and wellbeing.

Did you know that experiencing positive emotions such as joy, pleasure and having fun are essential experiences for building and maintaining a healthy mind across our whole lives?

Skills and qualities that help children cope with life's ups and downs

- **Trust** - that the world is safe and that there are caring people to help them.
- **Belief** - in their ability to do things for themselves and achieve their goals.
- **Feeling good** - about themselves and feeling valued for who they are by their parents and carers.
- **Optimism** - that things generally turn out well.
- **Regulation** - Ability to manage their feelings, thoughts and behaviours.

Children develop these skills and qualities and **learn to keep a balance** over time, initially through their experiences in coping with small stresses with help from supportive adults. When bigger stresses come along, even though at first they might feel quite distressed, children can draw on what they have learned about helping themselves to cope and feel better. Looking to others for support continues to be an effective way of coping.

How are your child's resilience skills developing?

Resilience is the ability to cope with life's ups and downs. Children's resilience is enhanced when they:

- are loved by someone unconditionally
- have an older person outside the home they can talk to about problems and feelings
- are praised for doing things on their own and striving to achieve
- can count on their family being there when needed
- know someone they want to be like
- believe things will turn out all right
- have a sense of a power greater than themselves
- are willing to try new things
- feel that what they do makes a difference in how things turn out
- like themselves
- can focus on a task and stay with it
- have a sense of humour
- make goals and plans, both short and longer term.

Feeling optimistic and hopeful are key parts of mental health and wellbeing.

Talk, Walk and Squawk

When someone is not being safe, respectful and responsible and is demonstrating problem behaviour toward you –



TALK – ‘I don’t like it when you
Please **STOP!**’

Remember to use your hand signal.

If the problem behaviour continues –

WALK away from them or from the area that they are in.

If they follow you and the problem behaviour still continues –

SQUAWK to a teacher – ‘..... is I’ve talked and I’ve walked and they are still doing it. Can you please help?’

If you feel like you are in danger, the “talk” and “walk” steps should be skipped and the incident should be reported immediately.

