



# Calliope State School

13 September 2016

Calliope Kids  
are:

Safe

Respectful

Responsible



## What's happening in ...

### News from Prep D

This term has been very busy in Prep D, some of the events being reaching 100 days of school, the prep excursion to the Gladstone Entertainment Centre, Father's Day and Book Week.

This term we have been focusing on rhymes, with the students starting the term with analysing rhymes by identifying the rhyming words in stories. We have been looking at the "Mr McGee" books by Pamela Allen to identify rhyming words and last week students wrote their very own four line rhyme. Everyone then presented and share their rhymes with supporting actions to the whole class. All of the students did a fabulous job and have come so far throughout the term.

In maths we have been looking at a lot of different concepts such as addition and share fairly. This week we are going to be looking at the days of the week and events specific for these days. We have also been looking at Weather this term in science and how weather affects people and plants. In history we have been looking at events which we commemorate with ours families and timelines.

It is very exciting to look forward to the last term and all the fabulous learning that will be happening before year one!

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# Principal's Piece

## Happy Holidays

School holidays do not commence until 3.15pm on Friday 16th September and students will be gainfully learning at school until this time. No longer is there such a thing as the last week doesn't matter in school. If this was the case the students would lose 4 weeks of learning per year!! Please ensure that children attend every school day as this is lawful, and importantly, best for your child's learning. Every day counts!

I wish all students, families and staff a very happy and safe school holiday. Term four begins on Tuesday 4th October 2016. Parents / Carers please note the public holiday on Monday 3rd October 2016 and the Student Free Day on Monday 17 October 2016 in your Term 4 planning.

## School Watch

We need everyone to look out for after-hours crime in our school. No one can access the school grounds after hours without written permission from the Principal.

If you see anything suspicious, please don't attempt to intervene. Call the School Watch phone number - 131 788. The School Watch Program is a partnership between Education Queensland, the Queensland Police Service and the State Government Protective Security Service. It aims to reduce vandalism, theft and arson in Queensland schools. Let's work together to help create a safer school community.

## Queensland Disability Review

The Department of Education and Training is committed to inclusive education and continuous improvement to maximise education outcomes for students with disability. As part of this commitment the Minister for Education has approved an independent wide-ranging review into disability policy in Queensland state schools.

The review will examine the policies and processes we have in place and will actively seek to engage the views of students with disability, their families and members of our school communities. All of these voices will contribute to improve the way we work to deliver on our promise to provide education on the same basis for all children in Queensland. The Department is committed to providing reasonable adjustments for all students with disability who meet the broader *Disability Discrimination Act 1992* definition of disability.

This review will enable the Department to provide a world-class education system that supports students with disability to develop the knowledge and skills they need to be successful learners and to engage fully in their lifelong learning journey.

The review will engage the views of students with disability, their families and other crucial members of school communities, particularly principals and teachers. Consultation forums will be held with principals, staff, parents and students at 25 schools across the State and the representative groups that support young people with a disability will also be consulted. In addition to these discussions, all members of the community are invited to make a submission to the review via the survey below.

Principals, teachers, parents and students are invited to have their say on the educational provision for students with disability in Queensland state schools by completing the survey available via the link below. The survey features a separate set of questions for students, teachers, parents and other members of the Queensland community and provides the scope for structured written submissions. Participate in the survey at:

[https://deloitteau.au1.qualtrics.com/SE/?SID=SV\\_aeYth8sEwykgFdH](https://deloitteau.au1.qualtrics.com/SE/?SID=SV_aeYth8sEwykgFdH)

The opportunity to complete the survey and make a submission will be open until 30 September 2016.

More information is at:

<http://education.qld.gov.au/schools/disability/qld-disability-review.html>

### **Bending the truth**

It seems pertinent at the moment to highlight the notion of "truth bending". Recently we have received a range of entirely unsubstantiated reports and claims, on a wide range of matters, from students. It is important to recognise the use of imagination as an important developmental stage while also remaining mindful of the impact of "crying wolf" or "bunyip" stories.

The following is an excerpt from an article by Michael Gross on how to manage "Bending the Truth".

*Children often bend the truth to suit themselves. They sometimes tell fibs to escape punishment or avoid being caught when misbehaviour occurs. Some kids fantasise about their exploits to make themselves appear bigger, more daring or more exciting than they really are. These children often think that they are not much good and so invent a few tales to make themselves seem more interesting. Of course, some children fantasise purely because it is fun to stretch the truth a little. It is more fun to run away from 'a ferocious man-eating tiger' than be scared of the next-door neighbour's moggie. As a rule of thumb, step back and try to identify the purpose of a child's untruths.*

*Some children continually exaggerate to make everything appear bigger or better than in real life. In this way they appear more exciting or interesting than they think they are. Fantasising and telling tall tales may be fun but they don't need to fantasise to build themselves up.*

Jeremy Godden  
Principal

**Principal's Parade – All Welcome  
9.10am Friday 16th September**

## Dates to Remember

14-16	September	YR5 Camp
15	Sept	Prep Interviews
16	Sept	Principal's Parade
3	Oct	Public Holiday
10-14	Oct	YR 6 Camp
17	Oct	Student Free Day

## Unexplained Absences

### PROCEDURE FOR STUDENT ABSENCES

If your student is away for any reason there are several ways of notifying the school.

- **Send a note with your child**
- **Phone on 07 4975 8366**
- **Email- [absences@calliopess.eq.edu.au](mailto:absences@calliopess.eq.edu.au)**

We appreciate and thank-you for your cooperation.

## Contact Details

We would like to remind all parents if you have moved or changed your contact details over the holidays please update your information by calling the office on 4975 8333. We appreciate and thank you for your cooperation.

## Newsletter Distribution

The newsletter is published every Tuesday and is sent via email. If you have not given the school office your email please do so by calling the office or emailing [admin@calliopess.eq.edu.au](mailto:admin@calliopess.eq.edu.au). If you would prefer a paper copy please inform the Office.

Office hours are 8am-4pm



## Stars of the Week

<b>Prep A</b>	Lachlan	<b>Prep B</b>	Dallas
<b>Prep C</b>	Zahara	<b>Prep D</b>	Seth
<b>Prep/1E</b>	Summalea	<b>1A</b>	Callum
<b>1B</b>	Gabrielle	<b>1C</b>	Cooper
<b>1D</b>	David	<b>2A</b>	Brock
<b>2B</b>	Keira	<b>2C</b>	Xavier
<b>2D</b>	Kaleb	<b>3A</b>	Lucas
<b>3B</b>	Andy	<b>3C</b>	Malakai
<b>3D</b>	Nikaiyah	<b>4A</b>	Aylish
<b>4B</b>	Thomas	<b>4C</b>	Alesha
<b>5A</b>		<b>5B</b>	
<b>5C</b>		<b>6A</b>	Xavier
<b>6B</b>	Felicity	<b>6C</b>	Brayden
<b>PE</b>	Maxwell	<b>MUSIC</b>	

## Word of the Week

**pleaded**

## Strings Performance – 9<sup>th</sup> September 2016

The Calliope State School Strings ensemble performed on parade on Friday, showcasing their talent to our school community.



**Queen's Birthday Public Holiday – Monday 3rd**

**School resumes on Tuesday 4<sup>th</sup> Oct**

## Chappy's Corner

### Dare 4

Contact your spouse/partner sometime during his/her working day (or when you are apart). Have no agenda other than asking how he/she is doing and if there is anything you could do for them.

**'The Love Dare' by Stephen & Alex Kendrick (Summarised)**

### Pink Salt Girls Camp

Come along to the first ever Pink Salt Girls Camp from the 14<sup>th</sup>-16<sup>th</sup> October. The weekend will be filled with fun games, campfire, chill out time with friends and a Carnival night. We will also dig deeper into asking the bigger questions of life such "Who is God" and "What our purpose in life is?"

**When:** 6pm Friday the 14<sup>th</sup> Oct - 1pm Sunday 16<sup>th</sup> October

**Where:** Tanyalla Conference Centre

**Aged:** Year 6 to Year 11

**Cost:** \$70

**To register see Chappy Sonia or**

**Email:** [pinksaltteencamp@gmail.com](mailto:pinksaltteencamp@gmail.com)

## Swagtember 2016

On Friday night, 9<sup>th</sup> September, 61 Year Four students camped over in the school hall as part of our Swagtember activities.

Some of our students experienced a very uncomfortable night out of their usual bed, but it was worth it. Swagtember raises money to purchase street swags for the homeless. This year we raised \$406 which will assist five people who are sleeping rough or will assist an entire family that are sleeping rough.

Thanks you to all the families who donated money to help the less fortunate. Also, a huge thank you to the staff members who attended to make this event happen. From all accounts, fun was had, the food was enjoyable and the company was great!



**The opening time for our uniform shop is Wednesday 8.15-9.00am.**

The uniform shop has eftpos.

Otherwise cash and cheque are accepted. If you are unable to get to the uniform shop during opening hours, you can fill out an order form available from the office, and leave completed form and cash or cheque payment with the office ladies. Your order will be filled and be ready for collection on Wednesday. Uniforms can be ordered through flexischools - [www.flexischools.com.au](http://www.flexischools.com.au).

### Prayer Time with Chappy

**When:** Every Wednesday

**Time:** 8:00- 8:30am

**Where:** Chappy Sonia's office between 3A and 3B



### Student Banking

Reminder - Student banking day is every **Wednesday**.



### !!!REMINDER!!!

**With fire season rapidly approaching, we would like to ask parents to refrain from parking in front of the fire hydrant outside the pool**



## **Supporting children to deal with everyday stress develops their coping skills**

Children develop their coping skills through exposure to a manageable amount of stress, for example, the everyday challenges that children face. Stress is our bodies reaction to feeling threatened or afraid. It makes us either alert or prepared to run away or ready to face the threat and do something to help us feel better.

For a newborn everything is new and stressful, even a nappy change. When parents and carers are gentle and nurturing in everything they do, their baby learns to feel safe in new situations and to trust their carers to look after them. For older babies and young children there are other everyday challenges, such as meeting new people or being separated from the adults they trust. Children learn coping skills by overcoming these small stresses; this helps them cope with all the challenges they will meet.

Too much stress affects children's learning, behaviour, physical and mental health. Children who have many sad, stressful and fearful times when they are young have a greater need for early support in order to buffer these negative effects and build their coping skills.

### *Children develop coping skills with adult support*

While some children have a positive outlook on life, others may interpret experiences with negative thoughts, feelings or behaviours. Children's thoughts affect the way they cope, so adults need to help them look at life positively. For example: a child might interpret being left out of a group in the playground as 'They don't like me. I am not worth liking. I am not a nice person'. An adult can help a child to change their thoughts by reminding them of times they have played happily with others, so they have good memories to call on.

What we think about children and how we talk about them to others in front of them also impacts on how they see themselves.

The table describes some ways adults can support children to rethink their negative thoughts, feelings and behaviours to build coping skills.

***Negative thoughts and actions***

<b>The child's negative thoughts and actions</b>	<b>Unhelpful responses from adults</b>	<b>Putting it positively and building optimism</b>
"I can't. I will never be able to do it'.	"You're just not trying."	"I know you can't do it yet, but you can get there. Last week you learned to do a very hard puzzle."
"I'm scared."	"Don't be a scaredy cat".	"It is a big slide. Would you like me to come with you the first time".
"It's too hard."	"You're just lazy."	"it is a big job. Let's just do the first bit and see how that works. I will help you get started."
Leaves a mess	"Your room is a pigsty. Why can't you be clean?"	"It looks like this room needs some help to be cleaned."
Fights over a toy	"Give it to me. You two are always fighting. If you can't play properly no one can have it."	"Let's find out what you both want and see if we can sort this out."
Makes too much noise	"Stop that terrible racket. You are giving me a headache."	"That's too much noise for inside the house. Would you like to play outside or do something different?"

For more information about Mental Health Matters

<https://www.kidsmatter.edu.au/mental-health-matters/social-and-emotional-learning/resilience>



## Community News

### Calliope Ute Muster

Please see attached flyer.  
Event is 23<sup>rd</sup> & 24<sup>th</sup>  
September 2016.

### Calliope Rodeo

Please see attached flyer.  
Event is 23<sup>rd</sup> & 24<sup>th</sup>  
September 2016.

### State Of Origin

#### Calliope Holiday Clinic

17<sup>th</sup> of September, 2016  
9:30am- 12:00pm  
Bunting Park, Sutherland  
Street, Calliope.

### Boyne Valley Adventure Club

Please see attached flyer advertising an Adventure Camp on Awoonga Dam – 17-19 September. Great family fun and newcomers are welcome.

### School Holiday Tennis Coaching Clinic

Please see attached flyer advertising the School Holiday Tennis Coaching Clinic.

### Gladstone Regional Council Holiday Program

Please find attached the Holiday Program for the Gladstone region.



**School Watch**  
YOU CAN HELP!  
Your Eyes and Ears are Our Security  
• LOOK • LISTEN • REPORT  
**Phone 13 17 88**

## Health Alert

### Hand, foot and mouth disease

The school has been notified of a couple of confirmed cases of Hand, foot and mouth. Hand, foot and mouth is a common infection caused by a group of viruses. It typically begins with a fever and feeling generally unwell. This is followed a day or two later by flat discoloured spots or bumps that may blister, on the hands, and mouth and occasionally buttocks and groin. Signs and symptoms normally appear 3-6 days after exposure to the virus. The rash generally goes away on its own in about a week.

## Calliope Pool Opening Hours

Calliope Pool will be opening on Saturday 17<sup>th</sup> September 2016.

Hours will be:

School Term: 5am – 9am/3.30pm-7pm

School Holidays: 5am – 7pm

Weekends and Public Holidays: 9am – 5pm

Bookings are now available for Term 4 swimming lessons at Calliope Pool. Bookings with payment can be made weekdays at Calliope pool between 9am-10am and 3pm-4pm. The contact number for the Calliope Pool is 0497815393.

## Coffee and Cake



**P&C Old**  
and  
**Coffee ink**  
Shop 6, IGA Centre, Calliope  
4975 6600

Present  
Coffee, Cake and Chat for  
Chappy  
Wednesdays  
9-11am



Coffee and  
Cupcake \$9  
\$2.50 from every  
coffee and  
cupcake go  
towards our  
Chappy.

Monies raised go towards our Chaplain who provides social and emotional support to our school students and community.