



Calliope State School

05 October 2016

Calliope Kids
are:

Safe

Respectful

Responsible



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Calliope, Qld, 4680

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Facsimile
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Website
www.calliopess.eq.edu.au

E-mail
admin@calliopess.eq.edu.au



What's happening in ...

YR5 Camp

At the end of last term, the inaugural Year 5 Leadership Camp was held at Chaverim Outdoor Education Centre, south of Bundaberg. The students spent three action-packed days undertaking team-building challenges, facing their fears by flying through the air, using a compass to navigate their way through rugged bushland and develop their appreciation of the environment during their nature hikes.

Everyone displayed exemplary manners towards attending teachers and camp staff, great organisation and cleaning skills (yes, they can make their own bed and wash up the dishes!), a willingness to help and encourage each other, whilst at all times keeping big smiles on their faces. A true representation of what makes Calliope Kids Cool! Well done Year 5, you should be very proud of yourselves.



Principal's Piece

Welcome to Term 4! I trust you have all had an enjoyable and relaxing break and are ready to join us for the final term of 2016.

Not unlike the other terms, Term 4 is shaping up to be an exciting and busy term filled with engaging learning and development opportunities for students. This term we will have all of our students engaging in swimming lessons through their PE subject area and I'd like to take this chance to thank Ms Tuttle for her efforts in providing the students with such a great opportunity to enhance their swimming skills- a vital skill in our climate!

Don't forget, the pool is also open after school and on weekends for families to access and escape the impending heat.

Student Enrolments

Term 4 in any school is a time when planning for the following year really kicks into gear. In order for us to plan effectively for the future it is vital we have the most accurate information possible about your child(ren)s enrolment in 2017. If you are planning on relocating your child(ren) to another school in 2017, it would be greatly appreciated if you could let the school office know as soon as possible. This will help us to make accurate decisions about resourcing and staffing for 2017. Your support on this matter is greatly appreciated.

Interim Student Reports

Interim reports on your child's term 3 progress were distributed at the end of term 3. These reports are a point-in-time summary of progress through the semester 2 curriculum. These reports can then be used to guide discussion between parents, teachers and students about key improvement messages and strategies as we continue through to the end of the year. An opportunity for parents to meet with teachers to discuss these reports and the strategies to be implemented through to the end of the year (and beyond) will be available in week 3. Further information regarding this round of parent-teacher interviews will be sent out in due course.

Communicating with teachers

Parents are welcome to meet with teachers at any time of the year to discuss their child's progress. Unscheduled meetings before school are difficult for teachers as they are preparing for the day. Please either contact the office or contact the teacher to arrange a mutually convenient time to meet.

All teachers have an Education Queensland email address. Often sending an email can be an effective form of communication if parents are unable to come to school to meet with teachers. Please see your class teacher or contact the office to receive teachers' email addresses.

If parents have any questions or concerns or they would like to raise an issue, your child's teacher is the first point of contact. If the issue cannot be resolved, parents should make a time to meet with the teacher and the principal together to work on a successful outcome.

Jeremy Godden

Resilience - Helping children learn from what you do

Children learn how people behave in the world by watching the people they love. It is helpful to be open about your feelings and thoughts when things go wrong for you and to answer children's questions honestly. This helps the child to learn how to manage feelings when things go wrong and look for other ways to solve problems. For example:

Loss

"I am crying because I am sad that grandma has died. We had lots of good times together and I am sad that she won't be here anymore."

"It makes me feel better when I put some flowers on grandma's grave and I think about how she loved her garden. I might plant some of her favourite flowers to remind me of the good times with her."

Disappointment

"Oh dear, I did want to have a night out with dad tonight and now he has to work late. I feel really disappointed.... Well I guess we can go out on another night. Maybe you and I can have a special dinner at home. We can save some for dad when he gets home later."

Frustration

"I can't find the car keys and we will be late. I will just sit down for a minute and think where they might be, then I can look carefully in all the places. Being a bit late will not be too bad, we will still have enough time to do what we want to."

Conflict

"Mummy and I were both angry. We both wanted something different and we couldn't get anywhere talking about it. So we waited a while and talked about it again when we were not angry. We found a solution that was not exactly what either of us wanted but we think it will work."

For younger children, when they see their parents angry, make sure they also see you make up and give each other a hug.

Change

"I really don't want to move house but there are some good things about our new place, we can all go and see what we can find and I will invite my old friends over to visit soon."

For more information about Mental Health Matters

<https://www.kidsmatter.edu.au/mental-health-matters/social-and-emotional-learning/resilience>





Queensland
Mental Health
Week

9 – 15 October 2016

ABOUT

Queensland Mental Health Week

Helps us to

Value mental health:

Our own mental health and wellbeing, that of our loved ones, friends and colleagues, at home, at work and at plays.

Calliope SS values mental health and wellbeing.

Next week we are organising activities to promote mental health awareness within our school community.

More information about the activities will be on Facebook and next week's newsletter.

<https://www.qldmentalhealthweek.org.au/>

Dates to Remember

6 th	Oct	Free Dress
10-14 th	Oct	YR 6 Camp
17 th	Oct	Student Free Day
21 st	Oct	Grandparent's Morning

Unexplained Absences

PROCEDURE FOR STUDENT ABSENCES

If your student is away for any reason there are several ways of notifying the school.

- **Send a note with your child**
- **Phone on 07 4975 8366**
- **Email- absences@calliopess.eq.edu.au**

We appreciate and thank-you for your cooperation.

Contact Details

We would like to remind all parents if you have moved or changed your contact details over the holidays please update your information by calling the office on 4975 8333. We appreciate and thank you for your cooperation.

Newsletter Distribution

The newsletter is published every Tuesday and is sent via email. If you have not given the school office your email please do so by calling the office or emailing admin@calliopess.eq.edu.au. If you would prefer a paper copy please inform the Office.

Office hours are 8am-4pm



Word of the Week

Unusual

Free Dress Day

Free dress day this Thursday is a very special fundraiser. All funds raised by gold coin donation will be used in the Buddy2Buddy Schools Solar Program.

SolarBuddy.org created the Buddy2Buddy Schools Solar Program to connect school communities who want to make a difference with other children and communities in areas throughout the world that live in energy poverty.

Purchasing and building a 'Solar Buddy' light at school teaches children about the positive impact of renewable energy on communities living in energy poverty. Sending that light to a child in need, along with a personal letter, can make a huge difference to their life.

Schools in Australia and China have already sent lights to communities in Uganda, Somalia and Papua New Guinea, greatly improving the lives of hundreds of children.



Free Dress Day Thursday 6th October

Community Notices

CQ Mariners FC has their 2017 football (soccer) trials coming up on Sat/Sun 15th and 16th October. (Please see attached form)

McHappy Day will be celebrated on Saturday, the 12th of November 2016. Our school band will be performing at the Boyne Island McDonalds on McHappy Day. (Please see attached flyer for more information)



!!!REMINDER!!!

With fire season rapidly approaching, we would like to ask parents to refrain from parking in front of the fire hydrant outside the pool.

Calliope Pool Number

07 4975 6606

0497 815 393

Prep Open Mornings

Our Prep Open Mornings will be on during week 4. Parents and children starting Prep at Calliope in 2017 are welcome to attend either morning. Rooms will be open for families to visit. There will also be a school tour available for any families new to the school. Days are:

Monday 24 October from 9.15 – 10.00am OR

Thursday 27 October from 9.15 – 10.00am

Children are to be accompanied by an adult for their visit.

School Swimming Lessons

Term four swimming lessons are now underway. Below is the timetable, please ensure you know when your child(ren) are swimming so they can be organised with their swimming gear.

(Please note we will not be calling home for forgotten swimming gear after week one)

	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 – 10:15	1A	4A	6A	1C	
10:15- 11:00	1B	4B	6B	1D	4C
11:45 – 12:30	2A	3C	6C	2C	
12:30 – 1:15	2B	3D	5A	2D	
1:45- 2:30	*1:45 Prep D		3A	5B	1E
	*2:15 Prep B				
2:30- 3:15	*2:45 Prep C		3B	5C	Prep A & E

(*The prep classes will begin their water orientation classes in week 6 – 7/11/16)

Calliope Pool Opening Hours

Calliope Pool will be opening on Saturday 17th September 2016.

Hours will be:

School Term: 5am – 9am/3.30pm-7pm

School Holidays: 5am – 7pm

Weekends and Public Holidays: 9am – 5pm

Bookings are now available for Term 4 swimming lessons at Calliope Pool. Bookings with payment can be made weekdays at Calliope pool between 9am-10am and 3pm-4pm. The contact number for the Calliope Pool is 0497815393.

PBL Lesson

Safety at the swimming pool

Arrival and departure

- Quietly walk to the change rooms
- Change quickly
- Leave your belongings in a neat pile
- When changed, wait on the edge near the grass until your teacher has given you instructions
- At the end of your lesson, change quickly and sit in two quiet lines at the gate (right hand side of path)

Entering the pool

- Slide into the pool with your hands on the edge
- Only dive into the pool from the blocks when you have permission
- Do not dive from any place other than the blocks

Whistles

- 1 whistle signals that you need to stop and listen immediately
- 2 whistles signal that you need to move to the edge of the pool
- 3 whistles signals that you need to exit the pool immediately

Moving around the pool

- Always walk around the pool
- Leave a safe distance between yourself and the pool's edge



Chappy's Corner

DARE 5

Ask your spouse/partner to tell you three things that cause him/her to be uncomfortable or irritated with you. You must do so without attacking them or justifying your behaviour. This is from their perspective only.

'The Love Dare' by Stephen & Alex Kendrick (Summarised)

Pink Salt Girls Camp

Come along to the first ever Pink Salt Girls Camp from the 14th-16th October. The weekend will be filled with fun games, campfire, chill out time with friends and a Carnival night. We will also dig deeper into asking the bigger questions of life such "Who is God" and "What our purpose in life is?"

When: 6pm Friday the 14th Oct - 1pm Sunday 16th October

Where: Tanyalla Conference Centre

Aged: Year 6 to Year 11

Cost: \$70

To register see Chappy Sonia or

Email: pinksaltteencamp@gmail.com

Coffee and Cake

P&C. Qld
and
Coffee Ink
Shop 6, IGA Centre, Calliope
4475 6600

Present
Coffee, Cake and Chat for
Chappy
Wednesdays
9-11am

Coffee and
Cupcake \$9
\$2.50 from every
coffee and
cupcake go
towards our
Chappy.

Monies raised go towards our Chaplain who provides social and emotional support to our school students and community.

Uniform Shop

The uniform shop has eftpos.

Otherwise cash and cheque are accepted. If you are unable to get to the uniform shop during opening hours, you can fill out an order form available from the office, and leave completed form and cash or cheque payment with the office ladies. Your order will be filled and be ready for collection on Wednesday. Uniforms can be ordered through flexischools - www.flexischools.com.au.

Prayer Time with Chappy

When: Every Wednesday

Time: 8:00- 8:30am

Where: Chappy Sonia's office between 3A and 3B



Student Banking

Reminder - Student banking day is every **Wednesday**. Please bring your bank books to the office by 9am.

